

A *Catholic* GRIEF SUPPORT MINISTRY

Program Catalog

2023



WWW.REDBIRD [.love](http://www.redbird.love)



Red Bird Ministries serves ordinary families who have been given an extraordinary cross to carry.

Red Bird Ministries (RBM) is a non-profit, pro-life, and pro-family, Catholic grief support ministry serving individuals and couples who have experienced the loss of a child from pregnancy through adulthood. An organization that systematically guides individuals and couples through the complexity and trauma that happens with a loss of a child.

Red Bird Ministries is seeking to touch an area of grief that no other ministry has done so far. Interested benefactors and foundations, kindly connect with Kelly Breaux at [**kelly@redbird.love**](mailto:kelly@redbird.love)



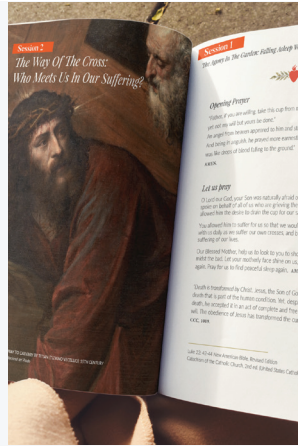
Ministry Founders

The Breaux Family

By personally experiencing the loss of a child through their suffering, the thirst of bringing those who suffer this extraordinary cross back to the light and the Lord grew into a call to birth this ministry. They looked to Mother Teresa (patroness of Red Bird Ministries) for passion and inspiration to serve those suffering, specifically through the loss of a child. Through the gift of restoration, Ryan and Kelly felt called to help others navigate the pain and unexpected challenges that come from the loss of a child, and Red Bird Ministries was born.



Ryan and Kelly Breaux are from the small town of Breaux Bridge, Louisiana, located an hour west of Baton Rouge.



HOW TO USE THIS LEADERS MANUAL

Group Grief Ministry

Each session will take approximately one hour to an hour and 20 minutes. Simply cover a topic and follow the same format. You can schedule them weekly, monthly, or as a three-day retreat.

Session Format:

DURATION	TOPIC	QUESTION	TYPE
LEVEL	Opening Prayer	GROUP	Group Discussion
LEVEL	Let's Pray	GROUP	Closing of Prayer
LEVEL	Symptoms of Grief	GROUP	Action Item
LEVEL	Reflection	GROUP	Set Up of Tear Room

What's included:

- Leaders Manual
- Slide Presentation
- Print Templates
- Signage

Additional:

- Communication Coaching & Mentor
- Social Posts
- Email Communication
- Idea Sharing

Red Bird Ministries is a non-profit 501(c)(3) corporation. For more information visit our website: www.redbirdministries.org or call: 800-940-2344

Spotify

HOW TO USE THIS LEADERS MANUAL

1 Opening Prayer: Read the opening prayer which focuses on the theme of the session. Encourage participants to pray with intention.

2 Let's Pray: Invite the group to pray together for one another and for the needs of the world.

3 Symptoms of Grief: Invite participants to share their own experiences of grief and listen to the experiences of others.

4 Reflection: Invite participants to reflect on the session and share their thoughts with the group.

5 Group Discussion: Invite participants to share their thoughts on the session and listen to the experiences of others.

6 Closing of Prayer: Invite the group to pray together for one another and for the needs of the world.

7 Action Items: Invite participants to take action on the session and share their experiences with the group.

Finding The Passion Of Christ In Our Story

10 Week Grief Group Study

Finding The Passion Of Christ In Our Story program consists of ten sessions. Each session takes approximately one hour to one hour and 20 minutes to facilitate. The group study may occur weekly, monthly, or as a three-day retreat. It is designed for in-person support but may be adapted as a virtual support group.

Grief Group Study Materials

- Leaders Guide (8.5x11, 116 pages)
- Participant Journal (7x10, 164 pages)
- Starter Bundle (Leaders Manual, (2) Participants Journal, and Welcome Kit USB)

FACILITATORS REQUIRE TRAINING + CERTIFICATION



Loving Through Loss

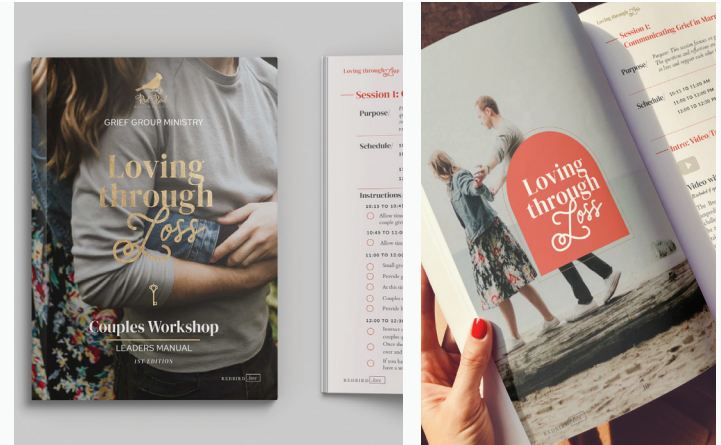


1 Day Couple's Workshop

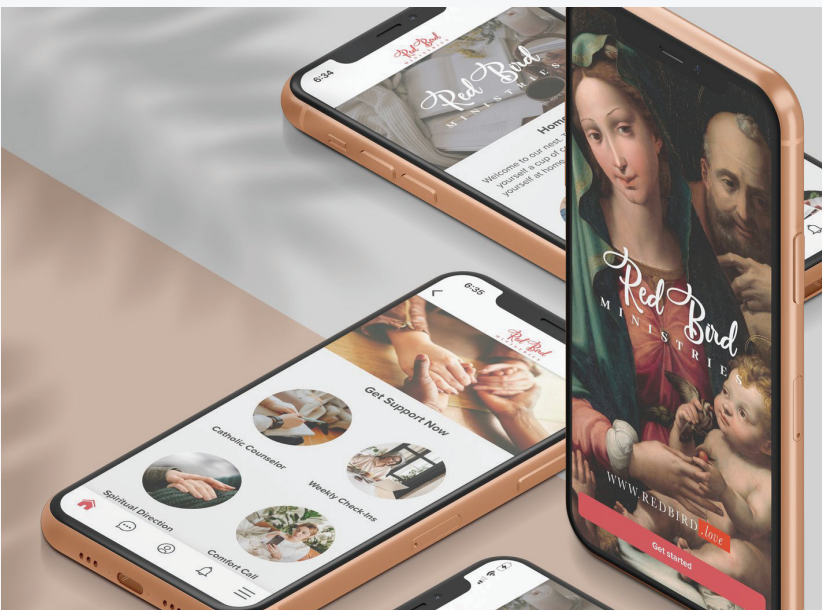
Loving Through Loss workshop helps couples understand how the trauma of child loss affects the family dynamic, while teaching them how to love each other through the complexity of child loss. The workshop facilitates a safe space where couples can share their answers to vital questions that are pivotal in moving towards healing.

Workshop Materials

- Leaders Manual (8.5.5x11, 76 pages)
- Participant Guide (7x10, 48 pages)
- Starter Bundle (Leaders Manual, Participants Journal, Companion Couple Guide, and Welcome Kit USB)

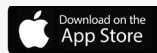


FACILITATORS REQUIRE TRAINING + CERTIFICATION



Church Leaders + Advocates

Allows RBM Chapters to stay connected and serve bereaved families in a supportive faith-based environment.



Available for iOS and Android on the App Store and Google Play Stores.

Red Bird App + Grief Support Community

The first Catholic-focused grief support app and community haven for families of child loss.

Red Bird Ministries app is a central place where families can come together and support one another through difficult times of loss. It's easy and effortless to navigate different resources, watch videos, connect during weekly check-ins, schedule comfort calls, spiritual direction, prayer plans, monthly webinars, quarterly retreats, and more.

Membership Plans

Subscription (Free)

- + Daily Reflections
- + Courses
- + Community Groups
- + Prayer Corner

Premium Content (9.99 monthly)

- + Access to the resource library
- + Weekly (day and night) check-in calls
- + Access into our Family Toolbox
- + Quarterly virtual retreats, monthly webinars, workshops, and more



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New Program for *Church Leaders*



Red Bird Ministries is launching a new program called ***The Good Shepherd*** program to train clergy, seminarian, and deacons on how to support parents mourning the death of a child.

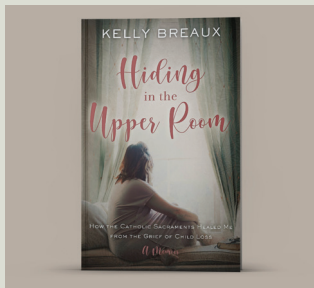
The program aims to equip seminarians and newly ordained priests with the tools needed to effectively and compassionately pastor couples grieving a miscarriage, infant, and child loss.

Bereaved families turn to the Catholic church for solace, and the clergy is the first touch point for these families. The church needs a comprehensive pastoral framework to accompany them throughout their grief journey.

Interested church leaders, kindly connect with kelly@redbird.love.



Books & Resources



Hiding In The Upper Room

Kelly Breaux's Autobiography

Hiding In The Upper Room is a book that speaks to the heart of anyone who has experienced deep hurt, trauma or loss. Kelly's story is heart-wrenching, beautiful and filled with hope. As Kelly welcomes you into some of her most vulnerable moments, you find yourself taking a journey alongside of her, feeling her pain and leaning into the healing that comes with letting down walls and allowing God to relentlessly pursue the heart through the gifts and the grace found in the sacraments.

Purchase
Book



Restoring Love

33-Day Guide & Consecration

Restoring Love is a 33-day guide is a consecration to the Holy Family that journeys individuals and couples with modern-day saints, St. Louis and St. Zelig Martin toward healing and restoration. It unpacks vital questions to support couples, helping them continue on their journey through child loss.

Purchase
Book



I Am Beloved, Not Broken

Weekly Lenten Journal

I Am Beloved, Not Broken a lenten journal that speaks to the hearts of all grieving parents of loss. This journal helps you to walk with Christ through the pascal mystery of his crucifixion, death, and resurrection.




Purchase
Book








Finding The Passion Of Christ In Our Story

10 Week Grief Group Study Materials

- \$25.00  - Leaders Guide (8.5.5x11, 116 pages)
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Loving Through Loss

1 Day Couple's Workshop

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Online App + Grief Support Community

Subscription Plans

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+ Daily Reflections	+ Access to the resource library
+ Courses	+ Weekly (day and night) check-in calls
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Restoring Love

33-Day Guide/Consecration

- \$25.00 ***Restoring Love*** is a 33-day consecration to the Holy Family that journeys individuals and couples with modern-day saints. It unpacks vital questions to support couples, helping them continue their grief journey.

Lenten Journal, Beloved, Not Broken

Weekly Lenten Themes

- \$25.00 ***I Am Beloved, Not Broken*** a lenten journal that speaks to the hearts of all grieving parents of loss. This journal helps you to walk with Christ through the pascal mystery of his crucifixion, death, and resurrection.

Browse the Red Bird Ministry grief support programs materials. If you have any questions of need any assistance, we are happy to help, give us a call at 337.223.2019.





Parish Chapter/Flock Pathway

Grief Support Programs

FACILIATORS REQUIRE TRAINING + CERTIFICATION

Loving Through Loss

1 Day Couple's Workshop

FOR GRIEVING COUPLES

Led by Chaplain, Advocate
+ Companion Couples
+ Spiritual Directors +
Counselors + Volunteers

The workshop facilitates a safe space for dialog pivotal in moving towards healing and guides couples on how to love each other through the complexity of child loss.

Finding The Passion Of Christ In Our Story

10 Week Group Study

FOR INDIVIDUAL/COUPLES

Led by Chapter and Ministry Leaders, Advocates + Companion Couples

The group study may occur weekly, monthly, or as a three-day retreat. It is designed for in-person support but may be adapted as a virtual support group.



Family Support Pathway

Grief Support

FAMILIES OF CHILD LOSS

Website + App + Online Community
Family Grief Support Resources

- + Daily Grief Support
- + Weekly Check-In
- + Family Support Comfort Calls
- + Videos & Webinars
- + Resources
- + Guides and Books
- + Spiritual Direction
- + Virtual Retreats
- + Blog Posts
- + Podcast
- + and much more



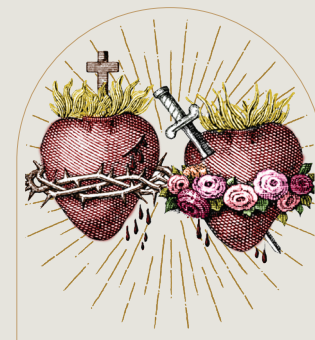
RBM Chapters

Tip: To find or become a chapter, please scan the QR code



A Holistic Approach

We focus on the psychological, emotional, relational, and spiritual.



There are many grief support organizations that describe the symptoms of grief and provide tips on what might be helpful after a loss. Some even include informal support groups.

Red Bird Ministries is the only organization that systematically guides individuals and couples through the complexity and trauma that happens with a loss. Our approach uses powerful storytelling, multimedia, one-on-one mentoring, and an interactive support community that provides practical and personal guidance through the psychological, emotional, relational, and spiritual challenges.

Help us bring Red Bird to your diocese, parish, or family email us at hello@redbird.love



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SPECIAL DELIVERY:
