

A *Catholic* GRIEF SUPPORT MINISTRY

Program Catalog

2021-22



WWW.REDBIRD *.love*



Red Bird Ministries serves ordinary families who have been given an extraordinary cross to carry.

Red Bird Ministries (RBM) is a non-profit, pro-life, and pro-family, Catholic grief support ministry serving individuals and couples who have experienced the loss of a child from pregnancy through adulthood. An organization that systematically guides individuals and couples through the complexity and trauma that happens with a loss of a child.

Red Bird Ministries is seeking to touch an area of grief that no other ministry has done so far. Interested benefactors and foundations, kindly connect with Kelly Breaux at kelly@redbird.love



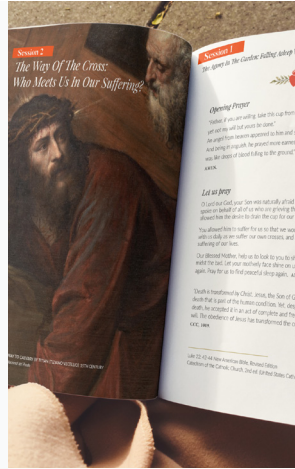
Ministry Founders

The Breaux Family

By personally experiencing the loss of a child and through their own suffering, the thirst of bringing those who suffer this extraordinary cross back to the light, and to the Lord, grew into a call to birth this a ministry. They looked to Mother Teresa (patroness of Red Bird Ministries) for passion and inspiration to serve those who are suffering, specifically through the loss of a child. Through the gift of restoration, Ryan and Kelly felt called to help others navigate the pain and unexpected challenges that come from the loss of a child, and Red Bird Ministries was born.



Ryan and Kelly Breaux are from the small town of Breaux Bridge, Louisiana, located an hour west of Baton Rouge.



Finding The Passion Of Christ In Our Story

10 Week Grief Group Study

The 'Finding The Passion Of Christ In Our Story' program consists of ten sessions. Each session takes approximately one hour to an hour and 20 minutes to facilitate. The group study may be programmed weekly, monthly, or as a three-day retreat. It is designed for in-person or adaptable for virtual group support.

Grief Group Study Materials

- Leaders Guide (8.5.5x11, 116 pages)
- Participant Journal (7x10, 164 pages)
- Starter Bundle (Leaders Manual, (2) Participants Journal, and Welcome Kit USB)





Loving Through Loss

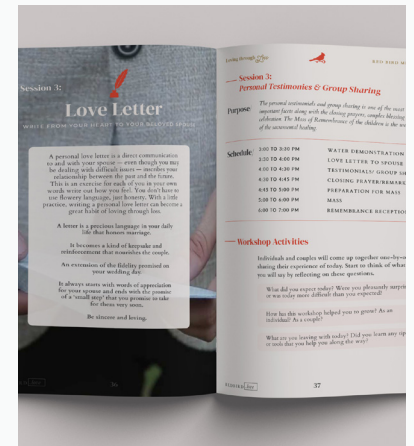


1 Day Couple's Workshop

The 'Loving Through Loss' workshop helps couples understand how the trauma of child loss affects the family dynamic and how to love each other through the complexity of loss. The workshop facilitates a safe space for couples to enter into the vital questions pivotal in moving forward towards healing.

Workshop Materials

- Leaders Manual (8.5.5x11, 76 pages)
- Participant Guide (7x10, 48 pages)
- Starter Bundle (Leaders Manual, Participants Journal, Companion Couple Guide,





Red Bird Online Grief Community



Online Community App Network

Red Bird Ministries brings an online community network of flocks to soar together through their grief journey related to the type of loss. Community has access to exclusive content, deeper conversations, and helpful practices as they navigate the flight of grief.

Membership Plans

Feather (Free)

- + Daily Reflections
- + Community of Grievors
- + Breakout Flocks by Type of Loss

Flock (9.99 monthly)

- + Prayer Plans
- + Book Studies
- + Access into our Family Toolbox
- + Events, Webinars, Workshops, and Speaker Series



Red Bird

MINISTRIES

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CHAPTERS

WHAT

WORKSHOP

GRIEF GROUP

COMMUNITY

WHEN

SATURDAY

WEEKLY/MONTHLY

DAILY

WHO

GRIEVING COUPLES

INDIVIDUAL/COUPLES

ANYONE

TEAM

Chaplain, Advocate +
Companion Couples
+ Spiritual Directors +
Counselors + Volunteers

Advocate +
Companion Couples

Red Bird Team

WHY

Helps our couples
communicate and love each
other through their loss

Enhance or start
Journey of healing
and restoration

Daily support, morning
reflections, loss group
support, events



New Program for *Church Leaders*



Red Bird Ministries is working on a new program called *"The Good Shepherd"* to be developed for deacons, clergy, and seminarians. This program will provide training and resources to prepare the church leaders on how to receive a family after the loss of their child and guide them on a path through their grief journey.

One of the most challenging human experiences to endure is the loss of a child. During the grieving process, many people turn to priests in search of comfort and compassion and with the hope that the clergy person will be able to offer a sense of meaning to the loss they have experienced, they are the first touch point for these families.



Restoring Love

33-Day Guide & Consecration

The 'Restoring Love' 33-guide is a consecration to the Holy Family that journeys individuals and couples with modern-day saints, St. Louis and St. Zelig Martin toward healing and restoration. It unpacks vital questions to support couples, helping them continue on their journey through child loss.

Hiding In The Upper Room

Kelly Breaux's Autobiography

"Hiding In The Upper Room," is a book that speaks to the heart of anyone who has experienced deep hurt, trauma or loss. Kelly's story is heart-wrenching, beautiful and filled with hope. As Kelly welcomes you into some of her most vulnerable moments, you find yourself taking a journey alongside of her, feeling her pain and leaning into the healing that comes with letting down walls and allowing God to relentlessly pursue the heart through the gifts and the grace found in the sacraments.

Published Books





Finding The Passion Of Christ

Grief Group Study Materials

- \$25.00** - Leaders Guide (8.5.5x11, 116 pages)
- \$35.00** - Participant Journal (7x10, 164 pages)
- \$99.00** - Starter Bundle (Leaders Manual, (2) Participants Journal, and Welcome Kit USB)

Loving Through Loss

1 Day Couple's Workshop

- \$25.00** - Leaders Manual (8.5.5x11, 76 pages)
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Online Grief Community

Membership Plans

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Restoring Love

33-Day Guide/Consecration

- \$39.00** This 33-guide is a consecration to the Holy Family. A walk with modern-day saints, St. Louis and St. Zelig Martin, along with us modern-day sinners, toward healing and restoration after child loss.

Hiding In The Upper Room

Kelly Breaux's Autobiography

- \$17.00** "Hiding In The Upper Room," is a book that speaks to the heart of anyone who has experienced deep hurt, trauma or loss. Kelly's story is heart-wrenching, beautiful and filled with hope.

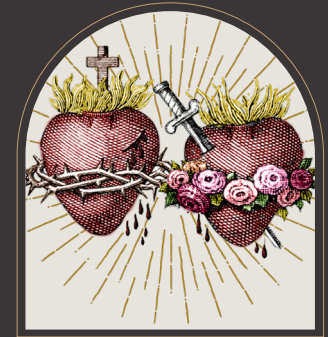
Browse the Red Bird Ministry grief support programs materials. If you have any questions of need any assistance, we are happy to help, give us a call at 337.223.2019.





A Holistic Approach

We focus on the psychological, emotional, relational, and spiritual.



There are many grief support organizations that describe the symptoms of grief and provide tips on what might be helpful after a loss. Some even include informal support groups.

Red Bird Ministries is the only organization that systematically guides individuals and couples through the complexity and trauma that happens with a loss. Our approach uses powerful storytelling, multimedia, one-on-one mentoring, and an interactive support community that provides practical and personal guidance through the psychological, emotional, relational, and spiritual challenges.

Help us bring Red Bird to your diocese, parish, or family email us at support@redbird.love

THE HOUSE OF GRACE
Red Bird
MINISTRIES

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SPECIAL DELIVERY:
